

# On-line workshop Navigating Blended families

A workshop for all parents and carers living as or about to become a blended family.

**Date:** Wednesday 9<sup>th</sup> July 2025

**Time:** 7.00 - 9.00pm

**Venue:** On-line via ZOOM

**Cost:** £14.00 or concession rate of £5.00 per parent/carer

To enrol please visit

[www.learnharrow.ac.uk](http://www.learnharrow.ac.uk)

Courses/ Parenting and Family Learning



# HOPE

Helping Families to Live and Learn Together

This 2-hour workshop is designed for parents navigating the unique challenges of blended families. Gain practical tools, share experiences, and build stronger connections in a relaxed, inclusive space. Discover ways to create harmony, improve communication, and support every member of your new family.

Topics include :-

Expectations – What should we expect?

Roles & Responsibilities – Who does what?

Priorities – Who matters?

Building positive relationships

Effective Communication to reduce conflict

Strategies to support Effective Discipline – Setting

limits – Boundaries together

Family Survival Guide

 0208 863 7319 or 07498881496  [info@hopeharrow.org.uk](mailto:info@hopeharrow.org.uk)

 [www.hopeharrow.org.uk](http://www.hopeharrow.org.uk)

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