

# What is Futures 4 All?

Futures 4 All is a pioneering programme that supports young people transitioning from care to independent living.

Providing personalised support, guidance and assistance for those facing difficulties across various aspects of life.

## Who is it available for?

Futures 4 All is available to care leavers aged 16 to 24 years and serves the boroughs of Barnet, Brent, Ealing, Hammersmith and Fulham, Harrow, Hillingdon, and Hounslow.





# What support is available?



### **Training & Guidance**

Discover opportunities that align with your interests and expertise, empowering you to carve a fulfilling path forward.



### **Housing Advice**

Advice and support so you can understand your options and rights, ensuring you find a living situation that provides safety and stability.



### **Careers Advice**

Access personalised careers advice designed to steer you towards the career path suitable for you.



### Mental Health Support

Connect with caring professionals who can provide confidential advice, support, and referrals to help you achieve mental wellbeing.



### **Physical Health Advice**

Support to help you embrace a healthier lifestyle. From nutrition to exercise, to support your overall health and energy levels, enabling you to be your best self.



### Debt Management & Money Advice

Help take control of your financial future. Develop the tools to manage debt, budget effectively, and make informed financial decisions.



### **Relationship Support**

Learn to maintain healthy personal and professional relationships with our guidance, enabling you to foster a supportive network that can help you thrive.



### **Childcare Services**

Access quality childcare resources so you can pursue your educational or career goals, knowing your children are in good hands.



SUPPORTED BY



**MAYOR OF LONDON** 

LEVELLING UP

UNLOCK YOUR POTENTIAL

# IMPROVE YOUR PROSPECTS BY LEARNING NEW SKILLS

Learn new knowledge, develop skills and grow opportunities with Futures 4 All, supporting young people transitioning from care to independent living.

Providing personalised support, guidance and assistance for those facing difficulties across various aspects of life.



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**Pathway Skills Zone**Powered by Pathway Group

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