



Changing Lives • Creating Futures

# ***Adult Skills Programme***

## **Health & Social Care**

### **Level 3**

## **Enrol Today**

**Training Centres:**

**Colindale, NW9 6TD & Ponders End, EN3 4DZ**



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**[www.firstrung.org.uk](http://www.firstrung.org.uk)**

# Get on the career ladder with First Rung

The First Rung Adult Skills Programme provides opportunities for unemployed or low waged adults to gain a Level 3 certificate in Health & Social Care.

This course is up to 12 months and is delivered at the First Rung training centre and online.

Develop your skills, confidence and kickstart a rewarding career helping and supporting others!



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**MAYOR OF LONDON**

## Careers in Health and Social Care:

- Day centres
- Children's centres
- Health centres
- Supported accommodation
- Respite care
- Residential schools
- Special education needs schools
- Nursing homes
- Residential care homes



**Course Content and Assessment:** Learners must complete and pass nine units including: \*Equality, diversity and rights in health and social care \*Human growth and development \*Safeguarding and working in health and social care \*Psychological and sociological perspectives in health and social care. If required, Functional Skills English and maths up to Level 2.

**Eligibility:** Candidates must be unemployed for at least 12 months or earning less than the London living wage and resident in one of the London boroughs. They must have basic reading and writing skills and be capable of achieving Functional Skills English at Level 2.

For more information or to book your interview, please call us on 07495 464797  
[www.firstrung.org.uk](http://www.firstrung.org.uk)