

Do you want to build a healthy and positive relationship with your kids/teens or adults ?

Then this workshop is for you!!

# Positive Parents, Positive Kids

## Signs of a healthy relationship

- Compassion
- Trust
- Affection
- Communication

### Signs of a unhealthy relationship

- Emotional, mental or physical abuse
- Fear
- Feeling unsafe
- Neglect

#### Free Workshops in a safe space

### For more information contact info@yes-ltd.org.uk 020 8904 2242

