Family Befriender Role Description

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| **Role Title: Family Befriender** |  |
| Where (Location): | Within the boroughs of Kensington and Chelsea, Hammersmith and Fulham and Brent. |
| Time commitment: | Hours are flexible depending on the family’s needs, but an average of 2-3 hours per weekly or fortnightly for 6-12 months. |
| Role: | To befriend a family by providing support, to improve their self-confidence, emotional health, and wellbeing, reducing their social isolation and promote their independence. Through encouragement and support, volunteers will aim to help families discover their strengths, build confidence, and resolve difficulties. |
| Responsibilities: | * To visit a family with whom you have been matched, building a relationship of friendship and trust
* To identify areas of support and work to achieve attainable goals
* To support parents to get out and about with their children or pursue specific activities in the community
* To complete a feedback form after each visit and to participate in regular supervision with your Coordinator
* To uphold Family Friend’s core principles, vision, culture and values and abide by Family Friends policies and procedures.
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| Qualities and Skills required | * To be reliable and have a genuine interest in the desire to make a difference in the lives of families
* Good communication skills
* Patience and a warm and friendly attitude
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| Training and support  | * You will be required to attend Induction training and participate in further training and/or networking events which may be offered.
* Ongoing support and supervision will be given by the named Coordinator either in person or via Zoom/telephone.
* Attend 4 volunteer support group meetings during the time of involvement
* Regular reviews will take place and an opportunity given for peer support through networking events with other Volunteers
* Regular newsletters, updates and news from Family Friends will be sent to you by email
* Reimbursement of out-of-pocket expenses such as food and drinks or public transport costs.
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| Any other Requirements | Due to the vulnerable nature of the people we support, we will require two references and also a DBS check. Further details will be discussed with you at recruitment. |