Big Buddies Role Description

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| **Role Title: Big Buddy Befriender** | |  |
| Where (Location): | Within the boroughs of Kensington and Chelsea, Hammersmith and Fulham and Brent. | |
| Time commitment: | Hours are flexible depending on the Young Persons’ needs, but an average of 2-3 hours per week or fortnight for 6-12 months. | |
| Role: | To befriend a young person aged 10-18, providing 1:1 support, to improve their self-confidence, emotional health, and wellbeing, reducing their social isolation and promote their independence.  Through encouragement and support, volunteers will aim to help young people to discover their strengths, build confidence, and resolve difficulties. | |
| Responsibilities: | * To visit a young person with whom you have been matched, building a relationship of friendship and trust * To support the young person to get out and about in their community or pursue specific activities * To complete a feedback form after each visit and to participate in regular supervision with your Coordinator * To uphold organisation name core principles, vision, culture and values and abide by Family Friends policies and procedures. | |
| Qualities and Skills required | * To be reliable and have a genuine interest in the desire to make a difference in the lives of young people * Good communication skills * Patience and a warm and friendly attitude | |
| Training and support | * You will be required to attend Induction training and participate in further training and/or networking events which may be offered. * Ongoing support and supervision will be given by the named Coordinator either in person or via Zoom/telephone. * Attend 4 volunteer support group meetings during the time of involvement * Regular reviews will take place and an opportunity given for peer support through networking events with other Volunteers * Regular newsletters, updates and news from Family Friends will be sent to you by email * Reimbursement of out-of-pocket expenses such as food and drinks or public transport costs. | |
| Any other Requirements | Due to the vulnerable nature of the people we support, we will require two references and also a DBS check. Further details will be discussed with you at recruitment. | |