Global Thinking

Kusheema Nurse

gender equality programmes coordinator

Young Brent Foundation   Brent   StartEasy   ILA Imperial Loving Arms

TO CONTACT

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Bringing together girls and their passions for art, sport and friendship to develop social actions for global good

Every Thursday
4.30 to 6 pm
Arrivals from 4 pm

A programme exploring every girl's inner potential

In cooperation with
**Three Trees Family Well Being Centre
NW10 3HL**

Family Wellbeing Centre

HUMAN RIGHTS

Human rights are like armour: they protect you; they are like rules, because they tell you how you can behave; and they are like judges, because you can appeal to them. They are abstract - like emotions; and like emotions, they belong to everyone and they exist no matter what happens. They are like nature because they can be violated; and like the spirit because they cannot be destroyed. Like time, they treat us all in the same way - rich and poor, old and young, white and black, tall and short. They offer us respect, and they charge us to treat others with respect. Like goodness, truth and justice, we may sometimes disagree about their definition, but we recognise them when we see them.

"I have gained so muh confidence and made friends. I managed to dance and create and had great fun."
Zara, 13 years old

"I would do it again and again. I discovered my passion for fashion and photography. Now I Know it is my right to go after my dream and I have a talent for it"

Mihaela, 14 years old

OUR PROGRAMME

The sessions use art and sport to explore:

- **Who are I - identity explorers**
- **Self-care and wellbeing**
- **indoor and outdoor**
- **Friendship and building dialogue**
- **Myself as a leader**
- **Group leadership**
- **My rights and responsibilities**
- **Greater expectations**
- **Talents and passions**
- **Turning talents into dreams**
- **Creativity journeys**
- **Skills for life**
- **Social Action: reaching for the sky**
- **Walk in sensation exhibition**

DATES AND TIME

Start date 29th September 2022
Age 12 - 16
Every Thursday
4.30-6 pm

Three Trees Family wellbeing centre
Tiverton Road Kensal Rise London NW10 3HL
COME and REGISTER!