**Go to our website for more information.**

[**https://www.rsbc.org.uk/calendar-of-activities/**](https://www.rsbc.org.uk/calendar-of-activities/)

**April Programme of Activities**

**⭯ - Re Occurring Session**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Week 1** | | | | | |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
|  |  |  |  | **1** | **2** |
|  |  |  |  | **⭯** Assistive Tech  All ages & Families  Life Without Limits Centre/Zoom | Heritage in Nature Project  11 – 25yrs  11am – 1pm  (Darwin House)  **⭯** Creative: Rehearsals  8 - 25yrs  10am - 1pm  Life Without Limits Centre  **⭯** Supper Squad  8 - 15yrs  1:15pm – 2:15pm  Life Without Limits Centre |
| **Week 2** | | | | | |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| **4** | **5** | **6** | **7** | **8** | **9** |
| **⭯** Assistive Tech  All ages & Families  Life Without Limits Centre/Zoom  **⭯** Audio Book Club:  Harry Potter & The Prisoner of Azkaban  8 - 25yrs  5pm - 6pm  Life Without Limits Centre & Zoom | **⭯** Sisterhood  11 - 25yrs  5pm - 6pm  Life Without Limits Centre & Zoom | **⭯** Audio Book Club:  Harry Potter & The Prisoner of Azkaban  8 – 25yrs  5pm - 6pm  Life Without Limits Centre & Zoom | **⭯** Assistive Tech  All ages & Families  Life Without Limits Centre/Zoom  **⭯** Cook – a- Long  16 – 25yrs  5pm – 6pm  Life Without Limits Centre & Zoom  **⭯** Supper Squad  16 – 25yrs  6pm – 7pm  Life Without Limits Centre & Zoom | **⭯** Assistive Tech  All ages & Families  Life Without Limits Centre /Zoom | Family Fun Day  All ages & Families  Life Without Limits Centre |
| **Week 3**  **EASTER PROGRAMME** | | | | | |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| **11** | **12** | **13** | **14** | **15** | **16** |
| Audio Book Club: Quiz Day  8 – 25yrs  3pm - 5pm  Life Without Limits Centre  Tactile Gaming: board and card games  8 – 25yrs  1pm - 3pm  Life Without Limits Centre | Well-Being Family Fun Day  8 – 25yrs  10am – 3pm  8 – 25yrs  The Guardian Centre  Climbing Adventure  8 – 25yrs  11am-2pm  Clip‘n’Climb, Chelsea | Well-Being Family Fun Day  8 – 25yrs  10am – 3pm  8 – 25yrs  The Guardian Centre  Supper Squad  8 – 25yrs  1.30pm – 3.30pm  Life Without Limits Centre  **⭯** Audio Book Club:  Harry Potter & The Prisoner of Azkaban  8 – 25yrs  4pm - 5pm  Life Without Limits Centre  Audio Book Club: Podcast & Pizza  8 – 25yrs  5-6pm  Life Without Limits Centre | Futures Day - Learning and careers information  16 – 25yrs  12pm - 3pm  Life Without Limits Centre  Cook – a- Long  8 – 25yrs  5pm – 6pm  Zoom | **BANK HOLIDAY** | Creative: ‘Clyborne Park’: theatre touch tour  8 – 25yrs  2pm tour  3pm show  Park Theatre, Finsbury Park |
| **Week 4**  **EASTER PROGRAMME** | | | | | |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| **18** | **19** | **20** | **21** | **22** | **23** |
| **BANK HOLIDAY** | Sisterhood: Welcome Afternoon Tea  11 – 25yrs  11am – 1pm  Life Without Limits Centre & Zoom  Animal Workshop  8 – 25yrs  3:30pm – 5:30pm  Life Without Limits Centre | Sensory Story Time  0 - 8yrs  1pm - 2pm  Zoom  Creative: Drama Workshop  8 – 25yrs  11am – 2pm  Life Without Limits Centre    Audio Book Club: Storytelling with a guest author  8 – 25yrs  1-3pm  Life Without Limits Centre & Zoom | Creative: Drama Workshop  8 – 25yrs  11am – 2pm  Life Without Limits Centre  Assistive Tech  All ages & Families  2pm – 3pm  Life Without Limits Centre | Cook-a-long Special  8 – 25yrs  11am - 2pm  Life Without Limits Centre  Friday Fantasy: Fantasy role playing gaming  8 – 25yrs  1pm - 3pm  Life Without Limits Centre | Sisterhood – Wellbeing Day  11 – 25yrs  11am - 2pm  Life Without Limits Centre |
| **Week 5** | | | | | |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| **25** | **26** | **27** | **28** | **29** | **30** |
| **⭯** Assistive Tech  All ages & Families  Life Without Limits Centre/Zoom  **⭯** Audio Book Club  8 - 25yrs  5pm - 6pm  Life Without Limits Centre & Zoom | **⭯** Siblings Wellbeing Session  4:30pm - 5:15pm  Zoom  **⭯** Connecting Families  7pm – 9pm  Zoom | **⭯** Audio Book Club  8 - 25yrs  5pm - 6pm  Life Without Limits Centre & Zoom | **⭯** Assistive Tech  All ages & Families  Life Without Limits Centre/Zoom | **⭯** Assistive Tech  All ages & Families  Life Without Limits Centre/Zoom | Tower Hamlets HAWB  8 – 25yrs  10am – 12pm  Whitechapel Sports Centre  PAN London HAWB  8 – 25yrs  10am – 1pm  Crystal Palace National Sports Centre |

**Special Events:**

**Family Fun Day**

On this exciting day, we are opening our Life Without Limits doors to our families and young people! The day will be jammed packed with different activities, you’ll get to meet staff members from a range of different teams, and most importantly you will get to experience YOUR centre in its glory! If you would like more information or like to book to attend, please contact [open.day@rsbc.org.uk](mailto:open.day@rsbc.org.uk)

**We have more on offer:**

**Employment Programme**

Here are the RSBC we have an exciting programme where we help vision impaired young people to get qualifications and jobs! Our tailored one to one support goes on throughout a young person’s employment journey. We develop confidence and skills through CV writing, identify potential work experience and other employment opportunities and continue supporting and mentoring young people and their employers.

🕿If you would like to know more or book a consultation phone call, please contact [connections@rsbc.org.uk](mailto:connections@rsbc.org.uk)

🖰You can also book a consultation through our website, and Carla will call you within 3-4 working days.

**Assistive Technology**

We champion the use of new and existing technology to empower vision impaired children and young people on their greater independence. Our one-to-one assistive technology sessions are adapted to young peoples sight and technology needs, teaching how to navigate the world using devices like smartphones, computers and braille readers. We also teach parents how to use assistive technology to support their children.

🕿If you would like to know more or book a consultation phone call, please contact [connections@rsbc.org.uk](mailto:connections@rsbc.org.uk)

🖰 You can also book a consultation through our website, and Alex will call you within 3-4 working days.

**Easter Programme**

We have a jam-packed Easter Programme with a range of fantastic activities running at our Life Without Limits Centre and online! Check out our website via clicking on link below, where you can find more information and if you find something that interest you feel free to book onto the activity via our website! Alternatively, if you’d like more information feel free to contact us via [connections@rsbc.org.uk](mailto:connections@rsbc.org.uk)